



Food Allergen Lists



GLUTEN



SESAME



NUTS



CRUSTACEAN



EGGS



FISH



MUSTARD



MILK



CELERY



PEANUTS



SOYA



SHELLFISH



LUPINS



SULPHITE

[illegible]

[illegible]

Signature bowls														
Salmon Style	✓	✓			✓				✓	✓		✓		
Classic Tuna	✓	✓				✓		✓	✓	✓		✓		
Pulled Chicken		✓			✓							✓		
Tofu Time Normal		✓			✓	✓		✓				✓		
Tofu Time Spicy		✓			✓	✓		✓				✓		
Shrimptastic Tempura	✓	✓						✓	✓			✓	✓	
Shrimptastic Grilled	✓							✓	✓			✓	✓	

SIDE DISHES														
Sweet Potato Fries		✓												
Veggie Spring rolls		✓												
Tempura Shrimps	✓	✓										✓	✓	
Seaweed Salad		✓												
Mix Ins														
Cole Slaw	✓			✓					✓			✓		
Edamame												✓		
Feta cheese				✓										
Seaweed Salad		✓			✓							✓		
Surimi	✓	✓								✓		✓	✓	

PROTEIN														
Salmon										✓				
Marinated Salmon	✓								✓	✓		✓		
Tuna										✓				
Spicy Tuna		✓						✓		✓		✓		
Grilled Shrimp													✓	
Tempura	✓	✓										✓	✓	
Pulled chicken														
Fried Chicken		✓												
Grilled tofu												✓		
Spicy tofu								✓				✓		